



# VJBL HAIR AND HAIR ACCESSORIES RULE

## BRAIDS / PLAITS

If a player (male or female) has his/her hair braided and it swings free from their head when the head is moved, it may cause harm to another player if struck by the braid.

Due to injury that may be caused, players are not permitted on the court with free braids in their hair.

Players with plaited ponytails must either roll the plait in a bun, or remove the plait and play with a loose ponytail. This is again due to injury that may be caused if struck by the plait.

## RELIGIOUS HEAD GEAR

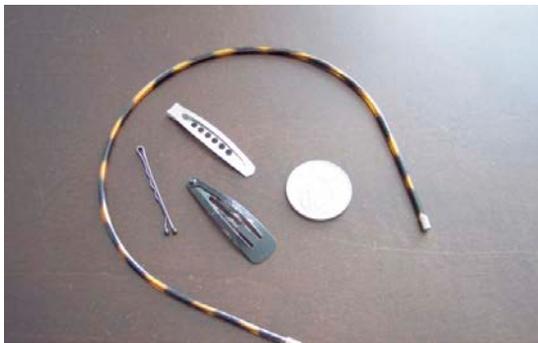
Religious head gear, may be either black, white or the same dominant colour as the playing singlet. The colour choice will be decided by the player's association to ensure that teams have uniformity if more than one player is wearing headgear. The headgear shall not cover any part of the face entirely or partially (eyes, nose, lips etc.) and shall not be dangerous to the player wearing it and/or to other players. The headgear shall not have opening/closing elements around the face and/or neck and shall not have any parts extruding from its surface.

## HAIR ACCESSORIES

To clarify what is considered acceptable, players **are permitted** to take the court wearing "bobby pins" and/or "one touch" or "snap" clips to hold their hair back. These items pose no threat of injury to any player on the court (see attached photo).

Players will not be permitted to wear barrettes, headbands made of metal, or clips larger than a bobby pin or snap clip – especially those that are present for decorative purposes only. These items do pose a threat of injury, due to their increased size.

If items in a player's hair are made from a non-abrasive, pliable material, they may be permitted to be worn, as they pose no threat of injury. This includes headscarves or other fabric articles worn for religious purposes held in place by bobby pins or snap clips.



## ALLOWED

The items above are examples of what **is** permitted to be worn.  
The headband is made of soft, pliable material and has no sharp ends. Inside are two different style snap clips and a bobby pin. A 20c piece is included to give an indication of size.

## NOT ALLOWED

The items above are examples of what **is not** permitted to be worn. A 20c piece is photographed with them to give an indication of size. There are many more items that fall in this category. They are far larger than the items in the top picture and most are made of metal or hard plastic with sharp ends